

Massage

Back & Neck Massage

Soothing Swedish Massage to restore calm and release
Back & Neck tension.

25 minutes / £35

40 minutes / £40

Full Body Massage

Soothing Swedish Massage to release Body tension.
Bespoke Intuitive Massage tailored to your individual needs.

55 minutes / £65

70 minutes / £75

Indian Head Massage

An ancient pressure point Massage practice to
relieve deep Head, Neck and Shoulder tension.

40 minutes / £40

Somatic Scalp Massage

Connecting Mind & Body.

A truly unique Massage that gently realigns energy,
helps to release traumas and regulate your nervous system.

40 minutes / £48

Reflexology

Bring your Body & Mind back to balance.

A Massage treatment that works on Reflex Points of the Feet.

It will leave you Calm & Floating!

40 minutes / £45

Lava Shell Massage

A unique Deep Heated Massage that uses soothing Heated Tiger Clam Shells.
Amazing for Deep Muscle tension and relaxation.

Back Treatment (includes backs of legs)

40 minutes / £55

Full Body

60 minutes / £75

Always Bespoke and intentional